

Exercising to the Word

Luke 21:19 “By standing firm you will gain life” (stand)

John 20:22 “And with that he breathed on them and said, ‘Receive the Holy Spirit’”
(breathe deeply)

Psalm 95:6 “Come, let us bow down in worship, let us kneel before the Lord our maker”
(bow down or kneel)

Proverbs 15:30 “A cheerful look brings joy to the heart, and good news gives health to the bones” (smile at your neighbor; Jesus loves you)

Psalm 47:1 “Clap your hands all you nations; shout to God with cries of joy” (clap and/or shout)

2 Samuel 6:14 “David...danced before the Lord with all his might!” (dance)

Matthew 10:14 “If anyone will not welcome you or listen to your words, shake the dust off your feet when you leave that house or town” (shake feet)

Proverbs 31:21 “She is clothed with strength and dignity; she can laugh at the days to come” (laugh)

James 5:23 “...is anyone happy? Let him sing songs of praise” (sing doxology)

Luke 10:9 “She had a sister called Mary who sat at the Lord’s feet listening to what he said” (sit)